

Finish What You Started Challenge

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Star System Tracking Chart

Star Count					
Two Stars	Great day!				
One Star	Meh, but okay.				
Zero Stars	I need a do-over				
	Food	Fitness	Bonus!	Total	
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Sunday					
					Tally Your Stars!

Challenge Week #6 message: Congratulations to the Insanity winner. It's Belinda! Go girl!

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Find Balance Between Fitness And Your Greedy Side

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